



# TIMETABLE

## 2024

<b>READY SET DANCE</b>	FIRST STEPS: Students who are 2 or 3 years old and/or are starting school in <b>2026</b> or <b>2027</b> . NO TAP
<b>READY SET BALLET</b>	Pre School students may enrol at any time after their second birthday.
<b>READY SET DANCE</b>	PREP: Students who are 4 or 5 years old and/or are starting school in <b>2025</b> . INCLUDES TAP.
<b>READY SET ACRO</b>	Students who are starting school in <b>2025</b> or <b>2026</b> . Must be toilet trained.
<b>READY SET DANCE</b>	Pre School students may enrol at any time after their second birthday. INCLUDES TAP
<b>Mini</b>	<b>Kindergarten</b> and <b>Year 1</b> in 2024.
<b>Pre Junior</b>	<b>Year 2</b> and <b>Year 3</b> .
<b>Junior</b>	<b>Year 4</b> and <b>Year 5</b> .
<b>Pre Teen</b>	<b>Year 6</b> and <b>Year 7</b> .
<b>Teen</b>	<b>Year 8</b> and <b>Year 9</b> .
<b>Senior</b>	<b>Year 10</b> and Older.
<b>IDT/TURNS/LEAPS</b>	<b>Mixed Age Classes from Year 3 to Year 12.</b>

### AGE GROUPS

Class levels are based on school grade in 2024. Students may do 'younger' age group classes but they may not dance in any age group above their school year.

### EXTENSION BALLET

For ballet students in GRADE 1, GRADE 2 and GRADE 3: 2 class enrolment is preferred. Extension Ballet classes are complimentary and are only offered to those who have enrolled in the Grade class.

### ACROBATICS

To qualify for a position in an acrobatics class (except READY SET ACRO), students are required to take one of the following in their relevant age group: JAZZ, CONTEMPORARY, BALLET or MINI ALL ROUNDERS. For students in Pre Junior and older, a three class enrolment is recommended.

### ELITE ACRO TRAINING

Places in Acro Elite are by INVITATION ONLY. Invitations will be offered to those who display an elite mindset and meet the following conditions.

Crew students who can consistently execute all of the following OR Recreational students who take at least one dance class AND one IDT class (minimum three classes per week) and can consistently execute all of the following:



FOREARM BALANCE, STACKED BRIDGE ALLIGNED WITH STRAIGHT LEGS, CURVED HANDSTAND BALANCE, FRONT WALKOVER, BACK WALKOVER, 6 TYPES OF CARTWHEELS.

### TUMBLE SQUAD

Tumble squad is a small group training session for elite acrobats who have not yet mastered back handsprings and other forms of tumbling. Places will be offered on a case by case basis for up to 4 weeks at a time and is strictly by invitation only. Participation in this squad will be \$15/week

# MONDAY

<i>Studio 1</i>	<i>Studio 2</i>	<i>Studio 3</i>	<i>Studio 4</i>	<i>RSD Room</i>
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 9:30-10:30am
 10:35-11:05am

<b>Year 3 + TURNS AND LEAPS</b> 4:00 - 4:45pm	<b>MINI ALL ROUNDERS</b> 4:00 - 4:45pm	<b>MINI ACROBATICS</b> 4:00 - 4:45pm	<b>MINI HIP HOP</b> 4:00 - 4:45pm	 4:00 - 5:00pm
<b>CONTEMPORARY TROUPE</b> 4:45 - 5:45pm <i>AUDITION ONLY</i>	<b>MINI BALLET</b> 4:50 - 5:35pm	<b>MINI ACROBATICS</b> 4:50 - 5:35pm	<b>MINI ALL ROUNDERS</b> 4:50 - 5:35pm	
<b>CONTEMPORARY TROUPE</b> 5:45 - 6:45pm <i>AUDITION ONLY</i>	<b>ALL AGES IDT</b> 5:50 - 6:35pm	<b>ACRO ELITE</b> OMEGA 5:45 - 6:45pm <i>INVITATION ONLY</i>		
<b>CONTEMPORARY TROUPE</b> 6:45 - 7:45pm <i>AUDITION ONLY</i>		<b>ACRO ELITE</b> DELTA 6:45 - 7:45pm <i>INVITATION ONLY</i>		

## ACRO ELITE CLASSES




**OMEGA** Contemporary Troupe students in Year 6 and older, by invitation.


**DELTA** Students in Year 3 and older, by invitation.

**OMEGA + DELTA** Will perform in the concert.

# TUESDAY

<i>Studio 1</i>	<i>Studio 2</i>	<i>Studio 3</i>	<i>Studio 4</i>	<i>RSD Room</i>
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 <b>FIRST STEPS</b> 9:30 - 10:15am
 10:20 - 10:50am
 <b>PREP</b> 10:55 - 11:55am
 12:00 - 12:30pm

<b>SENIOR SINGING</b> 4:15 - 5:00pm		<b>PRE JUNIOR ACRO</b> 4:00 - 5:00pm		
<b>TEEN HIP HOP</b> 5:00 - 5:45pm	<b>JUNIOR BALLET (Grade 2)</b> 5:00 - 5:45pm	<b>SENIOR TAP</b> 5:00 - 5:45pm	<b>PRE JUNIOR TAP</b> 5:00 - 5:45pm	<b>PRE JUNIOR JAZZ</b> 5:00 - 5:45pm
<b>TEEN TAP</b> 5:45 - 6:30pm	<b>JUNIOR CONTEMPORARY</b> 5:45 - 6:45pm	<b>SENIOR HIP HOP</b> 5:45 - 6:30pm	<b>PRE JUNIOR HIP HOP</b> 5:45 - 6:30pm	
<b>TEEN/SENIOR JAZZ</b> 6:30 - 7:30pm	<b>JUNIOR BALLET (Grade 3)</b> 6:45 - 7:30pm	<b>TEEN/SENIOR JAZZ</b> 6:30 - 7:30pm	 <b>EXTREME ACRO</b> 6:30 - 7:30pm	
<b>PRE TEEN + TURNS AND LEAPS</b> 7:30 - 8:15pm				

Grade 2 Ballet: Students in Year 4, 2024

Grade 3 Ballet: Students in Year 5, 2024

# WEDNESDAY

<i>Studio 1</i>	<i>Studio 2</i>	<i>Studio 3</i>	<i>Studio 4</i>	<i>RSD Room</i>
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 9:30 - 10:30am
 10:35 - 11:05am
 11:10 - 11:40am
 <b>COMING SOON!</b> 11:45 - 12:45pm

		<b>PRE TEEN TAP</b> 4:15 - 5:15pm	
<b>TEEN BALLET</b> 5:00 - 6:15pm RAD Intermediate	<b>PRE TEEN HIP HOP (Beatz)</b> 5:15 - 6:00pm	<b>SENIOR CONTEMPORARY</b> 5:15 - 6:15pm	<b>PRE TEEN HIP HOP (Breakers)</b> 5:15 - 6:00pm
<b>SENIOR BALLET</b> 6:15 - 7:30pm RAD Advanced	<b>PRE TEEN JAZZ</b> 6:00 - 6:45pm	<b>TEEN CONTEMPORARY</b> 6:15 - 7:15pm	<b>PRE TEEN SINGING</b> 6:00 - 6:45pm
<b>SENIOR MUSICAL THEATRE</b> 7:30 - 8:15pm	<b>PRE TEEN HIP HOP (Lockers)</b> 6:45 - 7:30pm	<b>TEEN and SENIOR CONTEMP. TRICKS</b> 7:30 - 8:15pm	

The Pre Teen Hip Hop Classes will all be taught at the same level. The titles are purely for differentiating the class names to avoid confusion and not to indicate the style of hip hop taught in the lessons.

# THURSDAY

<i>Studio 1</i>	<i>Studio 2</i>	<i>Studio 3</i>	<i>Studio 4</i>	<i>RSD Room</i>
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<b>JUNIOR HIP HOP</b> 4:00 - 4:45pm	<b>PRE JUNIOR JAZZ</b> 4:00 - 4:45pm	<b>MINI ACRO</b> 4:00 - 4:45pm		<b>PRE JUNIOR BALLET (G1 Ext. Class)</b> 4:00 - 4:45pm
<b>JUNIOR TAP</b> 4:45 - 5:45pm	<b>MINI ALL ROUNDERS</b> 4:50 - 5:35pm	<b>PRE JUNIOR ACRO</b> 4:45 - 5:45pm	<b>PRE JUNIOR HIP HOP</b> 4:50 - 5:35pm	<b>PRE JUNIOR BALLET (Primary)</b> 4:45 - 5:40pm
<b>PRE JUNIOR CONTEMPORARY</b> 5:45 - 6:30pm	<b>JUNIOR JAZZ</b> 5:45 - 6:30pm	<b>PRE JUNIOR / JUNIOR ACRO</b> 5:45 - 6:45pm	<b>JUNIOR CONTEMPORARY</b> 5:45 - 6:45pm	
	<b>GRADE 6 BALLET</b> 6:30 - 8:00pm	<b>JUNIOR ACRO</b> 6:45 - 7:45pm		
	<b>EXAM CLASS</b> Year 6 and Older			

*Primary Ballet: Students in Year 2, 2024*

*Grade 1 Ballet EXT: Students in Year 3, 2024 who are enrolled in Grade 1 Friday.*

# FRIDAY














<i>Studio 1</i>	<i>Studio 2</i>	<i>Studio 3</i>	<i>Studio 4</i>	<i>RSD Room</i>
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 9:30 - 10:00am
 10:05-11:05am
 11:10-11:40am

		<b>TUMBLE SQUAD</b> 3:45 - 4:30 <i>INVITATION ONLY</i>	
<b>PRE TEEN BALLET</b> 4:30 - 6:00pm  Intermediate Foundation		<b>PRE JUNIOR HIP HOP</b> 4:30 - 5:15pm	<b>JUNIOR TAP</b> 4:15 - 5:15pm
	<b>JUNIOR JAZZ</b> 5:15 - 6:00pm	<b>PRE JUNIOR TAP</b> 5:15 - 6:00pm	<b>PRE JUNIOR /JUNIOR SINGING</b> 5:15 - 6:00pm
<b>PRE JUNIOR BALLET (Grade 1)</b> 6:05 - 6:50pm	<b>PRE JUNIOR/JUNIOR MUSICAL THEATRE</b> 6:00 - 6:45pm	<b>PRE TEEN CONTEMPORARY</b> 6:00 - 7:00pm	<b>JUNIOR HIP HOP</b> 6:00 - 6:45pm
		<b>PRE TEEN/TEEN/SENIOR ACRO</b> 7:00 - 8:00pm	

*Grade 1 Ballet: Students in Year 3, 2023*

# SATURDAY

Studio 1	Studio 2	Studio 3	Studio 4	RSD Room
 <p>9:15 - 1:15pm</p>	<p><b>MINI HIP HOP</b></p> <p>9:00 - 9:45am</p>	<p><b>PRE TEEN CONT. TRICKS</b></p> <p>9:00 - 9:45am</p>	<p><b>MINI BALLET</b></p> <p>9:00 - 9:45am</p>	 <p>9:00am - 9:30am</p>
	<p><b>MINI ALL ROUNDERS</b></p> <p>9:50 - 10:35am</p>	 <p>9:45 - 1:45pm</p>		 <p>FIRST STEPS</p> <p>9:35 - 10:20am</p>
			<p><b>GRADE 4 BALLET</b></p> <p>1:45 - 3:15pm</p>	<p><b>JUNIOR BALLET (Grade 3)</b></p> <p>Extension Class</p> <p>10:15 - 11:00am</p>
	 <p>11:15 - 3:15pm</p>	 <p>11:15 - 12:30pm</p>	 <p>11:00 - 11:30am</p>	 <p>11:35 - 12:05pm</p>
<p><b>JUNIOR BALLET (Grade 2)</b></p> <p>Extension Class</p> <p>3:20 - 4:05pm</p>			 <p>PREP</p> <p>12:10 - 1:10pm</p>	
		 <p>12:30 - 2:00pm</p>	 <p>COMING SOON!</p> <p>1:15-2:15pm</p>	
		 <p>2:00 - 4:00pm</p>		